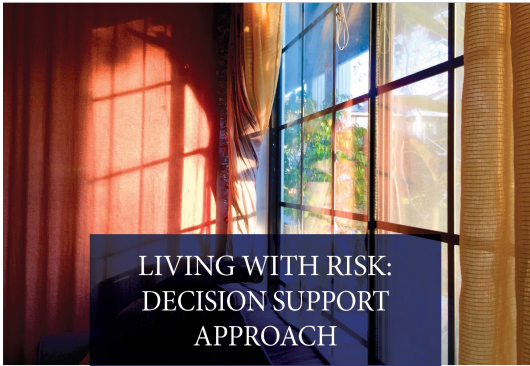




**LIVING WITH RISK:
DECISION SUPPORT
APPROACH**

**INSTRUCTION GUIDE FOR CLINICIANS
WORKING WITH OLDER ADULTS**

**LWR: DSA
STEP 3**

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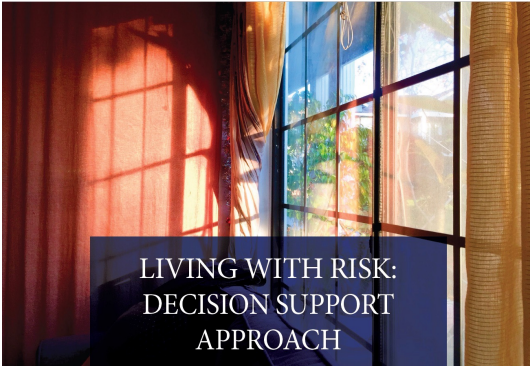
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Research Centre
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IRSC** Canadian Institutes of Health Research
Instituts de recherche
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**SUPPORTING
LIVING *WITH* RISK**



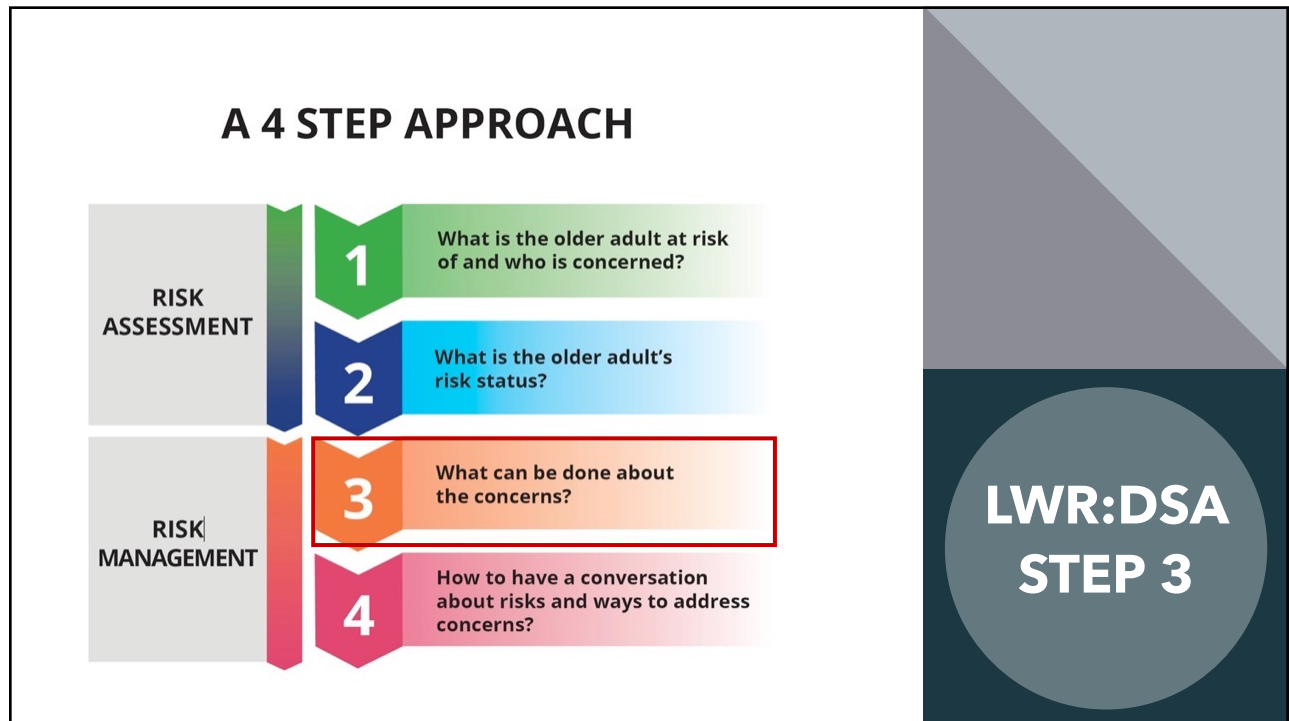
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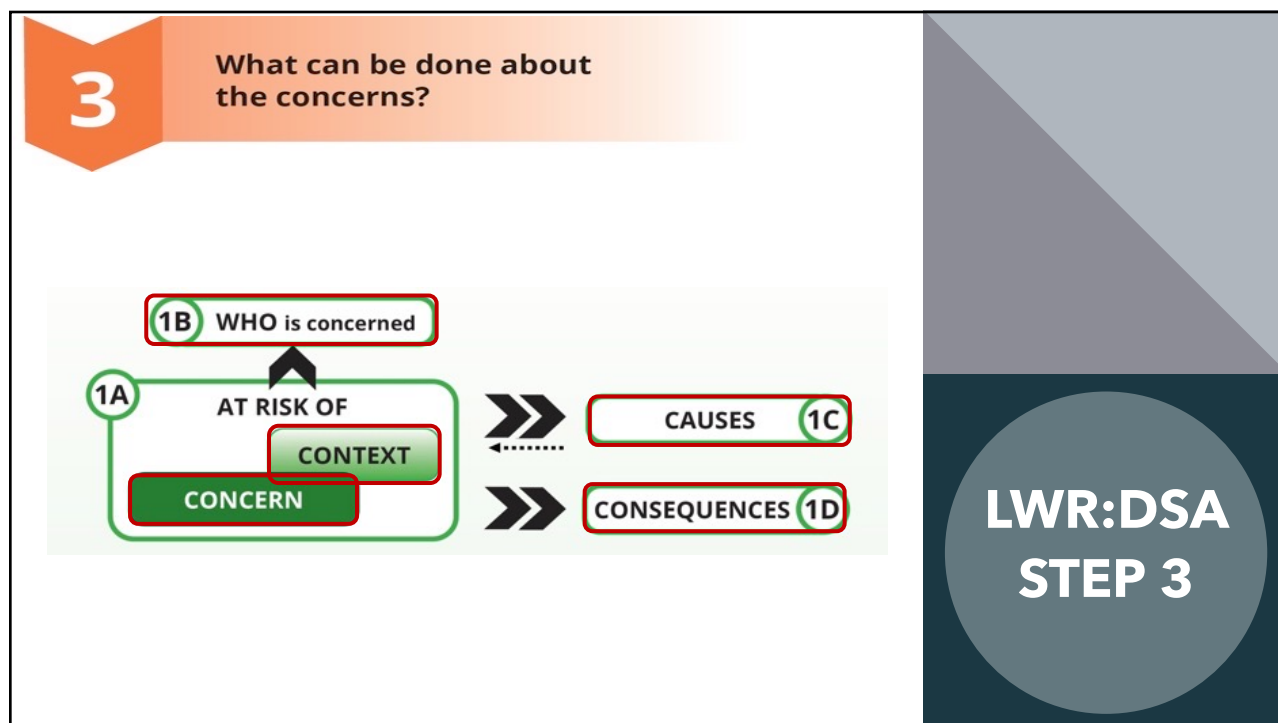
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3

What can be done about the concerns?

Older adult	• What are their goals? • What matters most?
Caregiver	• What are their fears? • What are their needs?
Clinician	• Have we broadened our approach to risk? • What is within your role and program?

LWR:DSA STEP 3

Who

Concern

Context

Cause

Consequence

6

3 What can be done about the concerns?

Clarify

Prevent

Minimize Frequency

Who

Concern

Context

Cause

Consequence

**LWR:DSA
STEP 3**

7

3 What can be done about the concerns?

Adapt

Modify

Meet Needs

Who

Concern

Context

Cause

Consequence

**LWR:DSA
STEP 3**

8

3 What can be done about the concerns?

Addressing the underlying psychosocial need¹

Love

- feeling unconditionally accepted

Comfort

- feelings of closeness to others

Identity

- knowing your story and who you are

Occupation

- activities with personal significance

Inclusion

- having a distinct place in a group

Attachment

- specific emotional bonds with people, pets, places, objects

Environment

- sense of safety and security

Who

Concern

Context

Cause

Consequence

LWR:DSA

STEP 3

9

3 What can be done about the concerns?

Impairments

- Improve health
- Address impairments

Environments

- Adapt physical environments
- Optimize social environments

Personality Factors

- Leverage strengths
- Support choices

Who

Concern

Context

Cause

Consequence

LWR:DSA

STEP 3

10

3

What can be done about the concerns?

Program Specific Example - Malnutrition

Difficulty accessing food?

- Meal delivery
- Grocery Bus

Difficulty with meal preparation?

- Meals on Wheels
- Wheels to meals

Needs Education?

- Public health department
- Online resources, pamphlets

Further investigation needed?

- Refer to dietitian
- Review by physician

Who

Concern

Context

Cause

Consequence

LWR:DSA
STEP 3

11

3

What can be done about the concerns?

Minimize

- Negative consequences

Leverage and Acknowledge

- Positive consequences

Weigh

- Physical and emotional

Who

Concern

Context

Cause

Consequence

LWR:DSA
STEP 3

12

3

What can be done about the concerns?

Example: Fires during cooking, leaving stove on

Causes

- Impairments - diagnose cognitive impairment, optimize brain health

Context

- Adapt the physical environment - Unplug the stove
- Adapt the social environment - Informal (family or friends) or Formal support (meal delivery services)

Context

- Adapt the activity - use microwave

LWR:DSA

STEP 3

13

3

What can be done about the concerns?

OUTCOMES^{2,3}

Prevent	Eliminate
Minimize	Share
Increase	Support

LWR:DSA

STEP 3

14

3

What can be done about the concerns?

PROCESS^{2,3}

Collaborating

- with older adult and caregiver

Informing

- the older adult about the concerns

Delaying and Waiting

- supporting the older adult

Overriding

- the older adult's wishes

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STEP 3

15

3

What can be done about the concerns?

ACCESSING COLLEAGUES³

Debriefing

Problem Solving

Validation

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STEP 3

16

References

- ¹Lee, L., Hillier, L., Lu, S., Martin, S., Pritchard, S., Janzen, J., & Slonim, K. (2019). Person-centered risk assessment framework: assessing and managing risk in older adults living with dementia. *Neurodegenerative Disease Management*, 9(1), 47-57. <https://doi.org/10.2217/nmt-2018-0031>
- ²MacLeod, H., & Stadnyk, R.L. (2015). Risk: 'I know it when I see it': how health and social practitioners defined and evaluated living at risk among community-dwelling older adults. *Health, Risk & Society*, 17(1), 46-63
- ³MacLeod, H. (2013) Understanding risk: Health professionals' decision making with frail community-dwelling older adults. Halifax, Nova Scotia: Dalhousie University.