



## Going Home Retour à la maison

### Patient Information Sheet

#### ***Going Home Program:***

The Going Home program aims to help seniors remain safely at home after leaving hospital. The program offers community support services free of charge for the first 10 business days from when you arrive home from hospital.

#### ***The community support services available to you in the 10 day program may include:***

- Transportation from hospital to your home upon discharge
- Transportation to medical follow-up appointments
- Home help such as laundry and light housekeeping
- Personal care such as help with bathing
- Meals on Wheels delivery of hot or frozen meals to your home

#### ***What happens once I am at home?***

Within the first 48 hours of settling into your home, you will receive a phone call from a program representative. That person will work with you to determine your needs, discuss your service options, and book your service times.

#### ***Contact Information:***

Once you are home, if you have any questions or if you have not heard from an intake person within two business days from your discharge, please contact:

| <u>Ottawa</u>                  | <u>Eastern Counties</u>        | <u>Pembroke-Renfrew<br/>County</u> | <u>J.W. MacIntosh Community<br/>Support Services</u> |
|--------------------------------|--------------------------------|------------------------------------|------------------------------------------------------|
| 613-238-8420<br>1-877-818-0884 | 613-932-3451<br>1-800-267-1741 | 613-732-3949                       | 613-535-2924<br>1-877-881-5888                       |

